

International Yoga Day Report

Today on 21st June, 2022 ICAR-Central Agroforestry Research Institute, Jhansi celebrated the international Yoga Day in the office premises. In this programme actively participation from scientist, technical, administrative staff, research associate, project associate, SRF, JRF and Security personnel made the event successful. Dr. Inder Dev (Principal Scientist) and Dr. Naresh Kumar (Principal Scientist) taught different yoga to the staff members and advise them the benefits of yoga for better health. The programme was coordinated by Dr. Ashok Yadav.

